

# SKIN

## PAIN CONTROL & ANTIBIOTICS

Keep the surgical site elevated for the next two days. This will help reduce swelling and pain.

The freezing will wear off in approximately 4-6 hours. Take pain killers as necessary. Extra-strength Tylenol or ibuprofen (Advil) relieves most people's pain. Use the antibiotics and prescription painkillers as directed.

If you notice an increase in swelling, redness, discharge, or pain greater than what you would expect, please contact the office or your family doctor, or go to the nearest to emergency department.

## DRESSING CARE

### STITCHES

- The stitches are dissolvable and so not need to be removed.
- Otherwise the stitches need to be removed in \_\_\_\_ days.

### WASHING

It is okay to shower or wash the area in two days. Shower over the little white or brown tapes (steri-strips). It is fine for them to get wet and soapy. Then rinse them well and pat them dry. Wash over any exposed stitches with soap and water. Apply Polysporin daily for any scabbing.

### BANDAGES

You do not need to place another bandage over the incision unless you feel it is more comfortable.

## FOLLOW-UP & RECOVERY

Call the office at 604-589-6021 today or tomorrow to make an appointment for \_\_\_\_ days from now.

Your pathology (biopsy) results are usually available after 7-10 days. I will discuss these with you at your next visit. The office will arrange any other tests or appointments, including dermatology review if needed.